Grilled Asian Chicken Foil Packs

Thaw and slow cook on low for 8 hours. Serve over rice with side salad.

Date: _____



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Thaw and slow cook on low for 8 hours. Serve over rice with side salad.

Date: _____



Slow Cooker Baja Shredded Chicken Tacos

Thaw and slow cook on low for 8 hours. Once cooked, shred the chicken with 2 forks and serve in flour tortillas.

Serve with salad.

Date: _____



Slow Cooker Baja Shredded Chicken Tacos

Thaw and slow cook on low for 8 hours. Once cooked, shred the chicken with 2 forks and serve in flour tortillas.

Serve with salad.

Date: _____



Greek Chicken Bake

Thaw completely and bake at 400 F for 45 minutes.

Serve with side salad.

Date: _____

Greek Chicken Bake

Thaw completely and bake at 400 F for 45 minutes.

Serve with side salad.

Date: _____





Chicken & Broccoli Alfredo Bake

Thaw completely and bake at 375 F for 25 minutes, or until warmed through.

Serve with shaved Parmesan cheese garnish and salad.

Dat	e: _				
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Chicken & Broccoli Alfredo Bake

Thaw completely and bake at 375 F for 25 minutes, or until warmed through.

Serve with shaved Parmesan cheese garnish and salad.

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Ranch Chicken & Baby Potato Bake

Thaw completely and bake at 400 F for 50 minutes, then add shredded cheese on top and bake another 10 minutes.

Serve with veggies.

<u></u>	FreezEasy	

Date: _____

Ranch Chicken & Baby Potato Bake

Thaw completely and bake at 400 F for 50 minutes, then add shredded cheese on top and bake another 10 minutes.

Serve with veggies.

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