Slov	v Cook	er Italian	Chicken	ጺ	Potatoes
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Slow Cooker Italian Chicken & Potatoes	Slow Cooker Italian Chicken & Potatoes			
Thaw and cook in the Dutch oven. Serve with side salad.	Thaw and cook in the Dutch oven. Serve with side salad. Date:			
Date:				
FreezEasy Simple, Facy Proser Cooking Meet Flavo	FreezEasy Simple, Pary Preser Cooling Meet Plans			
Paleo Minestrone Soup	Paleo Minestrone Soup			
raled Millestrolle Soup	raieo Miliestrolle Soup			
Thaw before adding to Dutch oven or saucepan. Bring to bubbling and reheat for 15 to 20 minutes. Serve with salad.	Thaw before adding to Dutch oven or saucepan. Bring to bubbling and reheat for 15 to 20 minutes. Serve with salad.			
Date:	Date:			
FreezEasy Simple, Fazy Prosser Cooking Mest Flavo	FreezEasy Simple, Pozy Presser Cooling Mesh Places			
Slow Cooker Rosemary Artichoke Chicken	Slow Cooker Rosemary Artichoke Chicken			
Thaw and slow cook on low for 6 hours. Serve with pasta and veggies.	Thaw and slow cook on low for 6 hours. Serve with pasta and veggies.			
Date:	Date:			







Beef Stew Foil Packs

Thaw beef and veggies completely. Bake at 400 F for 50 to 60 minutes, or until beef is cooked through and potatoes are softened. Serve with dinner rolls.

Date:			
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Beef Stew Foil Packs

Thaw beef and veggies completely. Bake at 400 F for 50 to 60 minutes, or until beef is cooked through and potatoes are softened. Serve with dinner rolls.



Chickpea Beef Chili

Thaw and reheat in saucepan over low heat. Serve with sour cream and shredded cheese garnish, and veggies.

Date:			
Date			



Chickpea Beef Chili

Thaw and reheat in saucepan over low heat. Serve with sour cream and shredded cheese garnish, and veggies.

