

Slow Cooker Italian Chicken & Potatoes

Thaw and cook in the Dutch oven. Serve with side salad.

Date: _____



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Thai Chicken Tacos

Thaw chicken in the marinade and transfer to skillet and brown the chicken pieces. Serve on tortillas with shredded cabbage and drizzles of Thai peanut sauce. Serve with veggies.

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Slow Cooker Spicy Mango Chicken Tacos

Thaw and slow cook on low for 8 hours. Once cooked, shred the chicken with 2 forks and serve in flour tortillas. Serve with avocado.

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Chicken Fajita Bake

Thaw completely and bake at 400 F for 45 minutes. Serve over rice with sour cream and shredded cheese garnish.

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Beef Stew Foil Packs

Thaw beef and veggies completely. Bake at 400 F for 50 to 60 minutes, or until beef is cooked through and potatoes are softened. Serve with dinner rolls.

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Chickpea Beef Chili

Thaw and reheat in saucepan over low heat. Serve with sour cream and shredded cheese garnish, and veggies.

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Lazy Lasagna Bake

Thaw completely and bake covered at 400 F for 45 minutes. Then uncover and bake another 10 minutes. Serve with side salad.

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Slow Cooker Teriyaki Pork Tenderloin

Thaw and place in slow cooker. Cook on low for 8 hours. Let sit for 5 minutes, then slice and add sauce to each serving. Serve with green onion garnish, rice and veggies.

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Lentil Chili

Thaw and reheat in saucepan over medium heat for 20 minutes, or until lentils are cooked through. Serve with sour cream and shredded cheese garnish, and salad.

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Slow Cooker Spanish Rice

Thaw, add contents to slow cooker, then pour in 4 cups water, top with diced tomatoes, and slow cook on low for 2 to 3 hours. Serve with veggies and sliced avocado.

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