

Slow Cooker Spicy Mango Chicken Tacos

Thaw and slow cook on low for 8 hours. Once cooked, shred the chicken with 2 forks and serve in flour tortillas. Serve with avocado.

Date: _____



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Chicken Fajita Bake

Thaw completely and bake at 400 F for 45 minutes. Serve over rice with sour cream and shredded cheese garnish.

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Lazy Lasagna Bake

Thaw completely and bake covered at 400 F for 45 minutes. Then uncover and bake another 10 minutes. Serve with side salad.

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Slow Cooker Teriyaki Pork Tenderloin

Thaw and place in slow cooker. Cook on low for 8 hours. Let sit for 5 minutes, then slice and add sauce to each serving. Serve with green onion garnish, rice and veggies.

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Slow Cooker Spanish Rice

Thaw, add contents to slow cooker, then pour in 4 cups water, top with diced tomatoes, and slow cook on low for 2 to 3 hours. Serve with veggies and sliced avocado.

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