

Homemade Chicken Noodle Soup

Thaw and add contents of baggie to large saucepan or Dutch oven. Bring to bubbling and cook for 10 minutes, then shred the chicken. Add the pasta and cook about 8 to 10 minutes, or until al dente. Serve with salad.

Date: _____



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Lemon Garlic Roasted Chicken

Thaw completely and bake at 400 F for 45 minutes. Serve with side salad and dinner rolls.

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Winter Beef Stew

Thaw and add contents of baggie to large saucepan or Dutch oven. Bring to bubbling and cook for 10 to 15 minutes. Serve with salad and dinner rolls.

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Thaw and add contents of baggie to large saucepan or Dutch oven. Bring to bubbling and cook for 10 to 15 minutes. Serve with salad and dinner rolls.

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Spinach & White Bean Soup

Thaw and add contents of baggie to large saucepan or Dutch oven. Bring to bubbling and cook for 20 minutes. Serve with salad and dinner rolls.

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Slow Cooker Chicken Mole

Thaw and slow cook on low for 8 hours. Once cooked, shred the chicken with 2 forks and serve in flour tortillas with a side of veggies.

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