

Grilled Mango Chicken Lettuce Wraps

Thaw completely. Grill chicken 6 to 8 minutes per side, until cooked through. Dice chicken and toss with fresh mango-celery mixture. Serve chicken in lettuce wraps with veggies and rice.

Date: _____



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Apple Butter Glazed Chicken

Thaw completely and bake at 350 F for 50 minutes. Serve with rice and salad.

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Slow Cooker Pineapple Chicken

Thaw and slow cook on low for 8 hours. With 30 minutes remaining in cooking cycle, stir in the cornstarch to thicken sauce. Serve with sesame seed garnish, over rice with veggies.

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Chicken Fajita Nachos

Thaw completely and saute the chicken and peppers combo in large skillet for 4 to 5 minutes. Assemble nachos with chips, chicken mixture, cheese and bake at 400 F for 15 minutes.

Garnish with guacamole. Serve with fruit.

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Baked Chicken Piccata

Thaw and bake at 400 F for 30 to 35 minutes, or until chicken is cooked through. Serve with rice and salad

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