Slow Cooker Red Wine Beef Roast

Thaw and slow cook on low for 8 hours. Serve with salad. Thaw and slow cook on low for 8 hours. Serve with salad. Date: Date: Pineapple BBQ Pork Chops Pineapple BBQ Pork Chops Thaw and transfer pork chops and sauce to baking dish. Bake Thaw and transfer pork chops and sauce to baking dish. Bake at 350 F for 25 to 40 minutes, or until pork chops are done. at 350 F for 25 to 40 minutes, or until pork chops are done. Serve with dinner rolls and veggies. Serve with dinner rolls and veggies. Date: Date: Chicken Fajita Nachos Chicken Fajita Nachos Thaw completely and saute the chicken and peppers combo in Thaw completely and saute the chicken and peppers combo in large skillet for 4 to 5 minutes. Assemble nachos with chips, large skillet for 4 to 5 minutes. Assemble nachos with chips, chicken mixture, cheese and bake at 400 F for 15 minutes. chicken mixture, cheese and bake at 400 F for 15 minutes. Garnish with guacamole. Serve with fruit. Garnish with guacamole. Serve with fruit. Date: Date:



Slow Cooker Red Wine Beef Roast

Andouille Cajun Soup

Thaw and add contents of baggie to large saucepan or Dutch oven. Bring to bubbling and cook for 20 minutes. Serve with

French loaf bread.	French loaf bread.
Date:	Date:
FreezEasy Simple, Fixty Freezer Cooking Meet Flavo	FreezEasy Simple, Diezy Freezer Cooking Meet Place
Slow Cooker BBQ Shrimp	Slow Cooker BBQ Shrim



Date:

Thaw and slow cook on low for 1 hour. Serve with lemon

wedge garnish, bread and veggies.

Andouille Cajun Soup

Thaw and add contents of baggie to large saucepan or Dutch

oven. Bring to bubbling and cook for 20 minutes. Serve with

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Thaw and slow cook on low for 1 hour. Serve with lemon wedge garnish, bread and veggies.

Date:

