

Skillet Chicken Cacciatore

Thaw and add all contents from the baggie to large skillet. Reheat over low heat for 10 minutes. Serve over pasta with salad.

Date: _____



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Skillet Jamaican Pork Chops

Thaw and add to skillet to cook the pork chops in the sauce over medium low heat for 8 to 10 minutes, or until pork chops are cooked through. Serve over rice with salad.

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Thaw and add to skillet to cook the pork chops in the sauce over medium low heat for 8 to 10 minutes, or until pork chops are cooked through. Serve over rice with salad.

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Cashew & Curry Chicken Wraps

Thaw and reheat in skillet. Once warmed through, assemble wraps in flour tortillas with cashews and Coleslaw. Serve with fruit.

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SC Chicken & Mushroom Stroganoff

Thaw and slow cook on low for 8 hours. Just before serving, stir in 8 oz. cream cheese into the chicken sauce. Serve over egg noodles with veggies.

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Russian Shredded Beef Sandwiches

Thaw and slow cook on low for 8 hours. Once cooked, shred the beef with 2 forks. Serve with Coleslaw on hoagie rolls with side of fruit.

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Russian Shredded Beef Sandwiches

Thaw and slow cook on low for 8 hours. Once cooked, shred the beef with 2 forks. Serve with Coleslaw on hoagie rolls with side of fruit.

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Chipotle Chili

Thaw and add contents of baggie to large saucepan or Dutch oven. Bring to bubbling and cook for 20 minutes. Serve with salad.

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Layered Taco Bake

Thaw completely and bake at 350 F/180 C for 25 minutes.
Serve with garnishes and veggies.

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Slow Cooker Cubano Sandwiches

Thaw and slow cook on low for 8 hours. Once cooked, shred the pork with 2 forks, then assemble sandwiches as directed.
Serve with fruit.

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Serve with fruit.

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Sunshine Salmon

Thaw completely, then bake at 400 F/200 C for 15 to 20 minutes, or until salmon is no longer pink in the middle. Serve with rice and salad.

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Crunchy Dijon Cod

Thaw completely, then bake at 400 F for 15 to 20 minutes, or until cod is cooked through. Serve with dinner rolls and salad.

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Thaw completely, then bake at 400 F for 15 to 20 minutes, or until cod is cooked through. Serve with dinner rolls and salad.

Date: _____

