

## Slow Cooker Pulled Pork Ragu

Thaw and slow cook on low for 8 hours. Once cooked, shred the pork into the ragu sauce. Serve over pasta with salad.

Date: \_\_\_\_\_



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## Baked Fried Onion Pork Chops

Thaw and add the pork chops and sauce to small baking dish. Top with crispy onions and bake at 350 F for 25 minutes, or until pork chops are cooked through. Serve with mashed potatoes and veggies.

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Thaw and add the pork chops and sauce to small baking dish. Top with crispy onions and bake at 350 F for 25 minutes, or until pork chops are cooked through. Serve with mashed potatoes and veggies.

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## Roasted Pork Chops with Green Beans & Potatoes

Thaw and roast at 400 F/200 C for 20 to 30 minutes, or until pork chops are cooked through. Serve as a one dish meal.

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## Slow Cooker Cubano Sandwiches

Thaw and slow cook on low for 8 hours. Once cooked, shred the pork with 2 forks, then assemble sandwiches as directed. Serve with fruit.

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Thaw and slow cook on low for 8 hours. Once cooked, shred the pork with 2 forks, then assemble sandwiches as directed. Serve with fruit.

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## Skillet Jamaican Pork Chops

Thaw and add to skillet to cook the pork chops in the sauce over medium low heat for 8 to 10 minutes, or until pork chops are cooked through. Serve over rice with salad.

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