Fully Loaded Beef Nachos Verde

Thaw and reheat in the skillet. Assemble nachos with corn tortilla chips, reheated beef mixture and shredded Monterrey Jack cheese. Garnish with guacamole and sour cream. Serve with fruit

with fruit.	with fruit.		
Date:	Date:		
FreezEasy Simple, Fazy Proser Cooking Meal Plans	FreezEasy Simple, Facy Proser Cooking Meal Flans		
Beef Ravioli Bake	Beef Ravioli Bake		
Thaw, add 1 cup of hot water into the baking dish, around the ravioli, and bake at 350 F for 25 minutes, or until ravioli is cooked and cheese is golden brown. Serve with veggies and salad.	Thaw, add 1 cup of hot water into the baking dish, around the ravioli, and bake at 350 F for 25 minutes, or until ravioli is cooked and cheese is golden brown. Serve with veggies and salad.		
Date:	Date:		
FreezEasy Simple, Flory Proser Cooking Meal Flores	FreezEasy Simple, Flory Frosar Cooking Meal Flavo		
Cheesy Beef & Rice Bake	Cheesy Beef & Rice Bake		
Thaw and reheat the filling in a skillet. Stir in the water, then add to baking dish. Mix in the uncooked rice and bake covered for 50 minutes. Add the cheese and bake another 10 minutes. Serve with veggies.	Thaw and reheat the filling in a skillet. Stir in the water, then add to baking dish. Mix in the uncooked rice and bake covered for 50 minutes. Add the cheese and bake another 10 minutes. Serve with veggies.		
Date:	Date:		



Fully Loaded Beef Nachos Verde

Thaw and reheat in the skillet. Assemble nachos with corn

tortilla chips, reheated beef mixture and shredded Monterrey

Jack cheese. Garnish with guacamole and sour cream. Serve

Beef & Veggie Biscuit Pot Pie

Thaw completely and bake at 350 F for 20 minutes, then top with biscuits and bake another 15 minutes. Serve with salad.

Date:	

[FreezEasy
	Simple, Fasy Freezer Cooking Meat Plans

Beef & Veggie Biscuit Pot Pie

Thaw completely and bake at 350 F for 20 minutes, then top with biscuits and bake another 15 minutes. Serve with salad.

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Beef Chili with Refried Beans

Thaw and add contents of baggie to large saucepan or Dutch oven. Bring to bubbling and cook for 20 minutes. Serve with cornbread.

Date:	



Beef Chili with Refried Beans

Thaw and add contents of baggie to large saucepan or Dutch oven. Bring to bubbling and cook for 20 minutes. Serve with cornbread.

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