

Goat Cheese-Apricot Stuffed Chicken Breasts

Thaw completely and bake at 400 F for 35 minutes. Serve with side salad and bread.

Date: _____



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Garlic Lime Chicken

Thaw and add chicken and marinade to baking dish. Bake at 350 F for 35 minutes. Serve with rice and salad.

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Thaw and add chicken and marinade to baking dish. Bake at 350 F for 35 minutes. Serve with rice and salad.

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Thai Beef Red Curry

Thaw and add all ingredients to a large saucepan and bring to bubbling, then stir in the canned coconut milk. Serve over rice with salad.

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Tuscan Ham & Bean Soup

Thaw and add contents of baggie to large saucepan or Dutch oven. Bring to bubbling and cook for 20 minutes. Garnish with shredded Parmesan cheese. Serve with loaf bread.

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Thaw and add contents of baggie to large saucepan or Dutch oven. Bring to bubbling and cook for 20 minutes. Garnish with shredded Parmesan cheese. Serve with loaf bread.

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Sheet Pan Beef Fajitas

Thaw and bake at 400 F for 20 to 25 minutes, or until beef is cooked through. Assemble into tortillas with garnishes. Serve with refried beans.

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