

## Grilled Garlic Lime Chicken

Thaw and grill chicken for 6 to 8 minutes per side or until cooked through. Serve with rice and salad.

Date: \_\_\_\_\_



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## Hashbrown Beef Bake

Thaw completely and bake at 350 F for 30 minutes. Serve with side salad.

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Date: \_\_\_\_\_



## Buffalo Chicken Nachos

Thaw and slow cook on low for 8 hours. Once cooked, shred the chicken and then assemble nachos with tortilla chips and shredded mozzarella cheese. Serve with crumbled blue cheese and chopped celery garnish, and side of fruit.

Date: \_\_\_\_\_



## Buffalo Chicken Nachos

Thaw and slow cook on low for 8 hours. Once cooked, shred the chicken and then assemble nachos with tortilla chips and shredded mozzarella cheese. Serve with crumbled blue cheese and chopped celery garnish, and side of fruit.

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## Cowboy Chicken Chili

Thaw and add contents of baggie to large saucepan or Dutch oven. Cook over medium low heat for 15 to 20 minutes. Serve with veggies and dinner rolls.

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Thaw and add contents of baggie to large saucepan or Dutch oven. Cook over medium low heat for 15 to 20 minutes. Serve with veggies and dinner rolls.

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## Grilled Jerk Chicken with Mango Sauce

Thaw and cook on the grill over direct heat for 5 to 6 minutes per side, or until cooked through. Saute in skillet until cooked through, if you don't have a grill. Serve with dinner rolls and salad.

Date: \_\_\_\_\_



## Grilled Jerk Chicken with Mango Sauce

Thaw and cook on the grill over direct heat for 5 to 6 minutes per side, or until cooked through. Saute in skillet until cooked through, if you don't have a grill. Serve with dinner rolls and salad.

Date: \_\_\_\_\_

