

Chunky Marinara Ravioli Bake

Thaw, add 1 cup of hot water into the baking dish, around the ravioli, and bake at 350 F for 25 minutes, or until ravioli is cooked and cheese is golden brown. Serve with veggies and salad.

Date: _____



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Buffalo Chicken Nachos

Thaw and slow cook on low for 8 hours. Once cooked, shred the chicken and then assemble nachos with tortilla chips and shredded mozzarella cheese. Serve with crumbled blue cheese and chopped celery garnish, and side of fruit.

Date: _____



Buffalo Chicken Nachos

Thaw and slow cook on low for 8 hours. Once cooked, shred the chicken and then assemble nachos with tortilla chips and shredded mozzarella cheese. Serve with crumbled blue cheese and chopped celery garnish, and side of fruit.

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Chicken Tetrizzini

Thaw and bake at 350 F for 30 minutes, or until bubbly. Garnish with Parmesan cheese. Serve with salad.

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Cowboy Chicken Chili

Thaw and add contents of baggie to large saucepan or Dutch oven. Cook over medium low heat for 15 to 20 minutes. Serve with veggies and dinner rolls.

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Zucchini Meatballs

Thaw and bake at 375 F for 30 minutes. Serve with pasta and salad.

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Szechuan Beef Stir-fry

Thaw and saute in wok or skillet over high heat, until beef is cooked through and veggies are softened. Stir in the cornstarch with equal parts water at the end of cooking, to thicken the sauce. Serve over rice with egg rolls.

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Szechuan Beef Stir-fry

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Grilled Flank Steak Salad

Thaw and grill in skillet or on grill pan. Slice steak once cooked. Assemble salad with lettuce, sliced steak, cherry tomatoes, avocado and vinaigrette. Serve with dinner rolls.

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Slow Cooker North Carolina Pulled Pork

Thaw and slow cook on low for 8 hours. Once cooked, shred the pork with 2 forks, then assemble sandwiches as directed. Serve with fruit and chips.

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Slow Cooker Garlic-Orange Pork Tenderloin

Thaw and slow cook on low for 8 hours. Once cooked, remove from slow cooker and let rest for 5 to 10 minutes before slicing. Serve with mashed potatoes and veggies.

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Tortellini Minestrone Soup

Thaw and add contents of baggie to large saucepan or Dutch oven. Bring to bubbling and cook for 20 minutes. Serve with salad and dinner rolls.

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