

## Grilled Honey Mustard Salmon

Thaw completely before transferring salmon to grill. Grill skin side down, over direct heat for 10 to 12 minutes per side, or until cooked through. Serve with salad and dinner rolls.

Date: \_\_\_\_\_



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## Grilled Garlic Skirt Steak

Thaw and grill until cooked to your preference. Slice steak once cooked. Serve with rice and veggies.

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Thaw and grill until cooked to your preference. Slice steak once cooked. Serve with rice and veggies.

Date: \_\_\_\_\_



## Grilled Garlic-White Wine Pork Chops

Thaw completely before transferring pork chops to grill. Discard marinade. Grill over direct heat for 5 to 6 minutes per side, or until pork chops reach 145 F. Let rest for 5 minutes. Serve with veggies and salad.

Date: \_\_\_\_\_



## Grilled Garlic-White Wine Pork Chops

Thaw completely before transferring pork chops to grill. Discard marinade. Grill over direct heat for 5 to 6 minutes per side, or until pork chops reach 145 F. Let rest for 5 minutes. Serve with veggies and salad.

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## Lemon Avocado Chicken

Thaw and cook on the grill for 4 to 6 minutes per side or until cooked through. Discard brine. Prepare avocado garnish or dip, as directed. Serve with rice and salad

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Thaw and cook on the grill for 4 to 6 minutes per side or until cooked through. Discard brine. Prepare avocado garnish or dip, as directed. Serve with rice and salad

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## Vegetable Chili

Thaw and add contents of baggie to large saucepan or Dutch oven. Bring to bubbling and cook for 20 minutes. Serve with dinner rolls.

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Thaw and add contents of baggie to large saucepan or Dutch oven. Bring to bubbling and cook for 20 minutes. Serve with dinner rolls.

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