

Salsa Sloppy Joes

Thaw and reheat sloppy joe sauce in skillet. Mix in shredded cheddar cheese once bubbling. Serve on sandwich buns with fruit and tortilla chips.

Date: _____



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Beef, Bean & Rice Skillet

Thaw and reheat in skillet. Once warmed through, add the white rice with double the hot water. Cover and cook for 20 minutes, or until rice is tender. Serve with cheese garnish, avocado slices and salad.

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Chili Cheese Hot Dogs {Filling}

Thaw and reheat in skillet or saucepan. Serve over hot dogs with shredded cheese garnish, and veggies.

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Grilled Taco Burgers

Thaw patties in the fridge, then grill to desired temperature. Serve on buns with salsa, avocado slices and fruit and chips.

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BBQ Bacon Burgers

Thaw and grill for 5 to 6 minutes per side, or until cooked through. Add slice of cheddar cheese and BBQ sauce to each burger. Serve on buns with chips and fruit.

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