Salsa Sloppy Joes

Thaw and reheat sloppy joe sauce in skillet. Mix in shredded cheddar cheese once bubbling. Serve on sandwich buns with fruit and tortilla chips.

FreezEasy

Date:	Date:	
FreezEasy Simple, Fixty Freezer Cooking Meal Place	FreezEasy Simple, Flery Freezer Cooking Meat Plans	
Beef, Bean & Rice Skillet	Beef, Bean & Rice Skillet	
Thaw and reheat in skillet. Once warmed through, add the white rice with double the hot water. Cover and cook for 20 minutes, or until rice is tender. Serve with cheese garnish, avocado slices and salad.	Thaw and reheat in skillet. Once warmed through, add the white rice with double the hot water. Cover and cook for 20 minutes, or until rice is tender. Serve with cheese garnish, avocado slices and salad.	
Date:	Date:	
FreezEasy Simple, Day Preser Cooking Meet Places	FreezEasy Simple, Floor Proserr Cooking Meat Places	
Chili Cheese Hot Dogs {Filling}	Chili Cheese Hot Dogs (Filling)	
Thaw and reheat in skillet or saucepan. Serve over hot dogs with shredded cheese garnish, and veggies.		
Date:	Date:	

Salsa Sloppy Joes

Thaw and reheat sloppy joe sauce in skillet. Mix in shredded

cheddar cheese once bubbling. Serve on sandwich buns with

fruit and tortilla chips.

Grilled Taco Burgers

Thaw patties in the fridge, then grill to desired temperature. Serve on buns with salsa, avocado slices and fruit and chips. Date: **BBQ Bacon Burgers BBQ Bacon Burgers** Thaw and grill for 5 to 6 minutes per side, or until cooked Thaw and grill for 5 to 6 minutes per side, or until cooked through. Add slice of cheddar cheese and BBQ sauce to each burger. Serve on buns with chips and fruit. burger. Serve on buns with chips and fruit.



Date:

Grilled Taco Burgers

Thaw patties in the fridge, then grill to desired temperature. Serve on buns with salsa, avocado slices and fruit and chips.

Date:		

through. Add slice of cheddar cheese and BBQ sauce to each

Date:	

