Korean Sloppy Joe

Thaw and reheat sloppy joe sauce in skillet. Garnish each sandwich with sesame seeds. Serve on sandwich buns with

fruit.	fruit.
Date:	Date:
FreezEasy Simple, Fetty Freezer Cooking Neat Plans	FreezEasy Simple, Recy Freezer Cooking Neet Plans
Veggie Fajitas	Veggie Fajitas
Saute the mushrooms, peppers and onions in canola oil, until softened. Assemble into tortillas with garnishes. Serve with	Saute the mushrooms, peppers and onions in canola oil, unti softened. Assemble into tortillas with garnishes. Serve with



Date:

refried beans.

Sweet & Spicy Slow Cooker Ribs

Thaw ribs completely and transfer into slow cooker. Brush remaining BBQ sauce onto ribs with 30 minutes left in cooking cycle. Once cooked, broil for 1-2 minutes, if desired. Serve with baked beans and veggies.

Date:	



Sweet & Spicy Slow Cooker Ribs

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Date:

oil, until

Korean Sloppy Joe

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Date:	



Lazy Chicken Parmesan & Pasta Bake

Thaw, keep covered and bake at 350 F for 20 minutes, then uncover and bake another 10 minutes. Serve with salad.

Date:

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(Simple, Pasy Freezer Cooking Meat Plans

Lazy Chicken Parmesan & Pasta Bake

Thaw, keep covered and bake at 350 F for 20 minutes, then uncover and bake another 10 minutes. Serve with salad.

Date:



Slow Cooker Ranch Chicken Tacos

Thaw and slow cook on low for 8 hours. Strain liquid and shred chicken. Assemble tacos with chicken, Cole slaw and Ranch dressing in tortillas. Serve with salad.

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Chicken Swiss Stuffing Bake

Thaw and bake at 375 F for 20 to 25 minutes, or until warmed through. Serve with side salad.

Date: _____



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Thaw and bake at 375 F for 20 to 25 minutes, or until warmed through. Serve with side salad.

Date:



Lasagna Soup

Thaw and add contents of baggie to large saucepan or Dutch oven. Bring to bubbling and then add the broken lasagna noodles and cook for 8-10 minutes, or until lasagna is soft. Garnish with shredded Parmesan cheese. Serve with salad.

Date:		

Lasagna Soup

Thaw and add contents of baggie to large saucepan or Dutch oven. Bring to bubbling and then add the broken lasagna noodles and cook for 8-10 minutes, or until lasagna is soft. Garnish with shredded Parmesan cheese. Serve with salad.



Slow Cooker BBQ Meatballs

Thaw and add beef broth to base of slow cooker. Add meatballs and sauce, then cook on low for 4 hours. Serve over rice with veggies.



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Sausage with Ziti

Thaw and cook the pasta al dente. Drain and return to pan and then toss in the sausage and sauce and reheat. Top with shredded mozzarella cheese. Serve with veggies.



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Date:	



Bean & Cheese Enchiladas

Thaw and bake at 350 F for 25 minutes. Serve with cilantro garnish, refried beans and veggies.

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Date:	

