

Thai Peanut Pork Chops

Thaw and cook all ingredients together in the skillet, flipping pork chops once or twice. Simmer until pork is cooked through. Serve over rice with veggies.

Date: _____



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Skillet Jamaican Pork Chops

Thaw and add to skillet to cook the pork chops in the sauce over medium low heat for 8 to 10 minutes, or until pork chops are cooked through. Serve over rice with salad.

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Roasted Pork Chops with Green Beans & Potatoes

Thaw and roast at 400 F/200 C for 20 to 30 minutes, or until pork chops are cooked through. Serve as a one dish meal.

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Ginger Peach Pork Chops

Thaw and bake at 350 F for 25 to 35 minutes, or until pork chops are cooked through. Serve with veggies and mashed potatoes.

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Slow Cooker Dijon Pork Chops

Thaw and slow cook on low for 6 to 8 hours. Serve with mashed potatoes and salad.

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