Thai Peanut Pork Chops

Thaw and cook all ingredients together in the skillet, flipping pork chops once or twice. Simmer until pork is cooked through. Serve over rice with veggies.	Thaw and cook all ingredients together in the skillet, flipping pork chops once or twice. Simmer until pork is cooked through. Serve over rice with veggies.
Date:	Date:
FreezEasy Stopple, Placy Presser Cooling, Meals Places	FreezEasy Simple, Piccy Procear Cooking Meel Place
Skillet Jamaican Pork Chops	Skillet Jamaican Pork Chops
Thaw and add to skillet to cook the pork chops in the sauce over medium low heat for 8 to 10 minutes, or until pork chops are cooked through. Serve over rice with salad.	Thaw and add to skillet to cook the pork chops in the sauce over medium low heat for 8 to 10 minutes, or until pork chops are cooked through. Serve over rice with salad.
Date:	Date:
FreezEasy Simple, Flazy Freezer Coolding Meal Plance	FreezEasy Simple, Elecy Freezer Coolding Meet Plans
Roasted Pork Chops with Green Beans & Potatoes	Roasted Pork Chops with Green Beans & Potatoes
Thaw and roast at 400 F/200 C for 20 to 30 minutes, or until	Thaw and roast at 400 F/200 C for 20 to 30 minutes, or until



pork chops are cooked through. Serve as a one dish meal.

Date:

Thai Peanut Pork Chops

Thaw and roast at 400 F/200 C for 20 to 30 minutes, or until pork chops are cooked through. Serve as a one dish meal.

Date:



Ginger Peach Pork Chops

Thaw and bake at 350 F for 25 to 35 minutes, or until pork chops are cooked through. Serve with veggies and mashed notatoes

potatoes.	potatoes.
Date:	Date:
FreezEasy Simple, Facy Freezer Cooking Meal Plans	FreezEasy Simple, Fixty Prozer Cooking Meal Place
Slow Cooker Dijon Pork Chops	Slow Cooker Dijon Pork Cl



Date:

Thaw and slow cook on low for 6 to 8 hours. Serve with

mashed potatoes and salad.

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Ginger Peach Pork Chops

Thaw and bake at 350 F for 25 to 35 minutes, or until pork

chops are cooked through. Serve with veggies and mashed

Thaw and slow cook on low for 6 to 8 hours. Serve with mashed potatoes and salad.

Date:

