Slow Cooker Creamy Taco Soup

Thaw and add contents of baggie with 2 cups of beef broth and taco seasoning packets to slow cooker. Set on low and cook for 8 hours. Swirl in sour cream at end of cooking cycle. Serve crushed tortilla chip and shredded cheese garnish, with veggies

Serve crushed tortilla chip and shredded cheese garnish, with veggies.	Serve crushed tortilla chip and shredded cheese garnish, with veggies.
Date:	Date:
FreezEasy Siepta, Fast Preser Cooking Meet Plans	FreezEasy Step/a, Fazy Presser Cooking Meat Place
Slow Cooker Puttanesca with Pasta	Slow Cooker Puttanesca with Pasta
Thaw and add to slow cooker and set on low for 8 hours. Add water to the sauce if your slow cooker runs hot. Toss with cooked pasta. Serve with veggies.	Thaw and add to slow cooker and set on low for 8 hours. Add water to the sauce if your slow cooker runs hot. Toss with cooked pasta. Serve with veggies.
Date:	Date:
FreezEasy Simple, Fiety Freezer Cooking Meat Plans	FreezEasy Simple, Fixty Freezer Cooking Meet Flavo
Creamy Herbed Chicken {Keto}	Creamy Herbed Chicken {Keto}
Thaw and bake at 400 F for 30 to 35 minutes, or until chicken is cooked through. Serve with rice and salad.	Thaw and bake at 400 F for 30 to 35 minutes, or until chicken is cooked through. Serve with rice and salad.
Date:	Date:

Slow Cooker Creamy Taco Soup

Thaw and add contents of baggie with 2 cups of beef broth

and taco seasoning packets to slow cooker. Set on low and

cook for 8 hours. Swirl in sour cream at end of cooking cycle.

Slow Cooker Thai Peanut Chicken

Thaw and slow cook on low for 8 hours. With 30 minutes

sauce. Serve with chopped peanuts and sesame seed garnish, over rice with veggies.	sauce. Serve with chopped over rice
Date:	Date:
FreezEasy Simple, Fixty Fresser Cooking Meek Plarce	€ Fr
Creamy Chicken and Wild Rice Soup	Creamy Chicker

Thaw and add contents of baggie to large saucepan or Dutch oven. Bring to bubbling and cook for 10 minutes, then shred chicken, add rice and other ingredients and cook as directed. Serve with salad.

Date:



Parmagiana Meatballs

Thaw and bake covered at 400 F for 35 minutes, then uncover and bake another 10 to 15 minutes, or until meatballs are cooked through. Serve over pasta with salad.

Date:



Slow Cooker Thai Peanut Chicken

Thaw and slow cook on low for 8 hours. With 30 minutes remaining in cooking cycle, stir in the cornstarch to thicken peanuts and sesame seed garnish, e with veggies.



n and Wild Rice Soup

Thaw and add contents of baggie to large saucepan or Dutch oven. Bring to bubbling and cook for 10 minutes, then shred chicken, add rice and other ingredients and cook as directed. Serve with salad.

Date:	



Parmagiana Meatballs

Thaw and bake covered at 400 F for 35 minutes, then uncover and bake another 10 to 15 minutes, or until meatballs are cooked through. Serve over pasta with salad.

Date:



Slow Cooker Barbacoa Beef

Thaw and slow cook on low for 8 hours. Once cooked, shred Thaw and slow cook on low for 8 hours. Once cooked, shred the beef with 2 forks. Serve with rice and veggies. the beef with 2 forks. Serve with rice and veggies. Date: Date: Spiced Pork Tenderloin Spiced Pork Tenderloin Thaw and add content of baggie to slow cooker. Add 1/2 to 1 Thaw and add content of baggie to slow cooker. Add 1/2 to 1 cup of water and slow cook on low for 8 hours. Serve with cup of water and slow cook on low for 8 hours. Serve with mashed sweet potatoes and salad. mashed sweet potatoes and salad. Date: Date: Pork Chop and Feta Skillet Pork Chop and Feta Skillet Thaw completely. Saute veggies in the skillet. Remove the Thaw completely. Saute veggies in the skillet. Remove the veggies, saute pork chops and then add the veggies back to veggies, saute pork chops and then add the veggies back to skillet. Cook until cooked through. Serve with salad and skillet. Cook until cooked through. Serve with salad and dinner rolls. dinner rolls.



Date:

Date:



Slow Cooker Barbacoa Beef

Black Bean Fajitas

Thaw and saute the peppers and onion in skillet. Reheat the black bean mixture in small skillet or saucepan. Assemble fajitas with black beans and peppers-onions. Serve with cheese or guacamole garnish, and salad.

Date:	

FreezEasy

Black Bean Fajitas

Thaw and saute the peppers and onion in skillet. Reheat the black bean mixture in small skillet or saucepan. Assemble fajitas with black beans and peppers-onions. Serve with cheese or guacamole garnish, and salad.

