

Honey Sesame Chicken

Thaw and cook in skillet over high heat for 10 minutes, or until chicken is cooked through. Serve over rice with veggies.

Date: _____



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Thaw and cook in skillet over high heat for 10 minutes, or until chicken is cooked through. Serve over rice with veggies.

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Slow Cooker Chicken Cacciatore

Thaw and slow cook on low for 8 hours. Serve over pasta with salad.

Date: _____



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Creamy Herbed Chicken {Keto}

Thaw and bake at 400 F for 30 to 35 minutes, or until chicken is cooked through. Serve with rice and salad.

Date: _____



Creamy Herbed Chicken {Keto}

Thaw and bake at 400 F for 30 to 35 minutes, or until chicken is cooked through. Serve with rice and salad.

Date: _____



Slow Cooker Thai Peanut Chicken

Thaw and slow cook on low for 8 hours. With 30 minutes remaining in cooking cycle, stir in the cornstarch to thicken sauce. Serve with chopped peanuts and sesame seed garnish, over rice with veggies.

Date: _____



Slow Cooker Thai Peanut Chicken

Thaw and slow cook on low for 8 hours. With 30 minutes remaining in cooking cycle, stir in the cornstarch to thicken sauce. Serve with chopped peanuts and sesame seed garnish, over rice with veggies.

Date: _____



Creamy Chicken and Wild Rice Soup

Thaw and add contents of baggie to large saucepan or Dutch oven. Bring to bubbling and cook for 10 minutes, then shred chicken, add rice and other ingredients and cook as directed. Serve with salad.

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