

Beef Nachos Verde

Thaw and reheat in the skillet. Assemble nachos with corn tortilla chips, reheated beef mixture and shredded Monterrey Jack cheese. Serve with fruit.

Date: _____



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Green Pepper Chili

Thaw and reheat in a large saucepan. Serve with fruit and chips.

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Lazy Lasagna Bake

Thaw completely and bake covered at 400 F for 45 minutes. Then uncover and bake another 10 minutes. Serve with side salad.

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Stuffed Meatballs

Thaw and bake at 375 F for 25 to 30 minutes, or until meatballs are cooked through. Serve over pasta with veggies.

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Buffalo Blue Cheese Burgers

Thaw and grill or saute for 5 to 6 minutes per side, or until cooked through. Serve on buns with blue cheese crumbles, blue cheese dressing, lettuce, tomato, and side of chips and fruit.

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