

Slow Cooker French Onion Chicken

Thaw and slow cook on low for 8 hours. With 30 minutes remaining in cooking cycle, stir in the cornstarch to thicken sauce. Top with grated Parmesan and sliced Swiss cheese. Serve with cheesy bread, and veggies.

Date: _____



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Cheesy Tex Mex Chicken

Thaw and add to skillet and bring to bubbling. Stir in the rice cauliflower and then simmer for 15 to 20 minutes, or until chicken is cooked through. Top with shredded Mexican blend cheese before serving. Serve with salad.

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Beef Burrito Casserole

Thaw completely and bake at 350 F for 25 minutes. Serve with avocado slices and/or sour cream garnish with side of veggies.

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Rosemary Garlic Pork Chops

Thaw completely. Add pork chops and marinade to skillet and bring to bubbling, then reduce heat and simmer for 10 to 12 minutes, or until pork chops are cooked through. Serve with salad and dinner rolls.

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Slow Cooker Creamy Tortellini Soup

Thaw and slow cook on low for 4 hours. With 20 to 30 minutes left in cooking cycle, swirl in the milk, cream, flour, cheese and tortellini. Serve immediately. Serve with salad and.

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