

## Slow Cooker Shredded Italian Beef Hoagies

Thaw and slow cook on low for 8 hours. Once cooked, shred the beef with 2 forks and assemble hoagies with shredded beef and slices of Provolone cheese. Serve with salad.

Date: \_\_\_\_\_



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## Slow Cooker Pork Carnitas Nachos

Thaw and add content of baggie to slow cooker. Add 1/4 to 1/2 cup of water and slow cook on low for 8 hours. Shred pork and then assemble nachos. Serve with veggies.

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## Slow Cooker Chicken Ropa Vieja

Thaw and slow cook on low for 8 hours. Once cooked, shred the chicken with 2 forks. Serve over rice with salad.

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## Slow Cooker Mushroom Pot Roast

Thaw and slow cook on low for 8 hours. Once cooked, shred the beef with 2 forks. Serve with salad and mashed potatoes.

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## Slow Cooker Crack Chicken

Thaw and slow cook on low for 8 hours. Shred the chicken with the sauce and add bacon crumbles and shredded cheese. Serve on buns with chips and fruit.

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