

Slow Cooker Honey Mustard Shredded Chicken Sandwiches

Thaw and then cook on low for 8 hours. Shred chicken and serve on sandwich buns with Provolone cheese.

Date: _____



Slow Cooker Honey Mustard Shredded Chicken Sandwiches

Thaw and then cook on low for 8 hours. Shred chicken and serve on sandwich buns with Provolone cheese.

Date: _____



Slow Cooker Salsa Verde Beef Tacos

Add the contents of the freezer baggie to the slow cooker and cook on low for 8 hours. Once cooked, shred beef with fork. Serve on corn tortillas with Coleslaw and fruit.

Date: _____



Slow Cooker Salsa Verde Beef Tacos

Add the contents of the freezer baggie to the slow cooker and cook on low for 8 hours. Once cooked, shred beef with fork. Serve on corn tortillas with Coleslaw and fruit.

Date: _____



Slow Cooker Shredded Pork with Thai Peanut Sauce

Thaw and slow cook on low for 8 hours. Shred pork meat with sauce once cooked. Serve over rice with side salad.

Date: _____



Slow Cooker Shredded Pork with Thai Peanut Sauce

Thaw and slow cook on low for 8 hours. Shred pork meat with sauce once cooked. Serve over rice with side salad.

Date: _____



Slow Cooker Chicken & Spinach Stroganoff

Thaw and slow cook on low for 8 hours. Just before serving, stir in 1 cup sour cream into the chicken sauce. Serve over egg noodles with veggies.

Date: _____



Slow Cooker Chicken & Spinach Stroganoff

Thaw and slow cook on low for 8 hours. Just before serving, stir in 1 cup sour cream into the chicken sauce. Serve over egg noodles with veggies.

Date: _____



Slow Cooker Steak Gyros

Thaw and slow cook on low for 8 hours. Garnish with sliced red onion, cucumber and tzatziki sauce. Serve on pita or naan bread.

Date: _____



Slow Cooker Steak Gyros

Thaw and slow cook on low for 8 hours. Garnish with sliced red onion, cucumber and tzatziki sauce. Serve on pita or naan bread.

Date: _____

