

## Slow Cooker Baja Shredded Tacos

Thaw and slow cook on low for 8 hours. Once cooked, shred the chicken with 2 forks and serve in flour tortillas with pico de gallo garnish.

Date: \_\_\_\_\_



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## Sloppy Shredded Beef Sandwiches

Thaw and slow cook on low for 8 hours. Once cooked, shred the beef with 2 forks. Serve with salad and fruit.

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Thaw and slow cook on low for 8 hours. Once cooked, shred the beef with 2 forks. Serve with salad and fruit.

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## Slow Cooker Cranberry-Mustard Pork Roast

Thaw and then cook on low for 8 hours. Serve with mashed potatoes and veggies.

Date: \_\_\_\_\_



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Thaw and then cook on low for 8 hours. Serve with mashed potatoes and veggies.

Date: \_\_\_\_\_

